AN ABSTRACT OF THE ORDERS OF St. THOMAS's Hospital,

Relating to the Sisters, Nurses and Poor Patients, therein.

I. THAT no poor Person, at their Entrance, pay any Money or Gratuity, for Garnish or Footing, on pain of Expulsion of the Person that demands or receives it.

II. That no Patients be kept in the House after presented out, on pain of Expulsion of the Sister of that Ward where such Patient shall be kept, without Leave from the Treasurer, or Two Governours Takers in.

III. That no Patient be kept in the House, to whom Physick or Chyrurgery is not administred within a Week after Admittance, on pain of Expulsion of the Sister that so keeps them, without giving Notice to the Treasurer, or the Governours Takers-in.

IV. That the Sisters keep their Wards constantly neat and clean, and that the Dust and Stools be carried out of their Wards by Six of the Clock in the Morning, to the appointed Places.

V. That no Person fetch or carry Fire from one Place to another, in Wooden Vessels, or any other thing that may be dangerous for Fire.

VI. That all the able Men and Women Patients, shall help the Sisters to cleanse the Wards, without Money or Reward, upon pain of Expulsion: And that the Sisters shall wash, or cause to be wash'd, all weak Peoples Clouts, without taking Money or Reward for the same.

VII. That no Sister deliver the Patients Fewel, for any other Use than the Poor of the Ward to which they belong, upon pain of Five Shillings to be paid by the Sister.

VIII. That the Patients do constantly attend the Worship of God in the Chappel, at the usual Times, on the Sabbath-Days, and other Days, upon pain of Forfeiture of one Days Allowance for the first Offence (without reasonable Excuse) and after offending to be punish'd at the Discretion of the Treasurer, or Two Governours Takers-in.

IX. That the Sisters be careful there be no playing at Cards, Dice, or other Games in this House, and give Notice to the Treasurer or Committee if any offend therein.

X. That neither Officer nor Poor shall Swear, or take God's Name in vain.

Nor revile or miscal one another.

Nor steal Meat, Drink, Apparel, or other thing from one another.

Nor abuse themselves by inordinate Drinking, or incontinent Living.

Nor talk or act immodestly, upon pain of Expulsion.

And that when they go to, or return from their Meals, or Beds, they crave God's Blessing, and return due Thanks to God.

XI. That none of the Poor contract Matrimony with each other within the House, and that none of the Men go into the Womens Wards, nor the Women into the Mens Wards, without License, upon pain of Expulsion.

XII. That no Patients sit up in their Wards, or stay out of the House, after Eight of the Clock at Night, in Winter, and Nine in the Summer, without Licence from the Steward, on pain of Expulsion.

XIII. That no Patient shall lie out of the House, without special License from the Steward, on pain of Expulsion.

XIV. That no Patient eat any Meat, or drink any Wine, Brandy, strong Ale, or strong Beer, or other Drink, but what shall be directed or allow'd by the Physician or Chyrurgeon, under whose Care such Patients shall be.

XV. That if hereafter any happen to be admitted into this House, that have the Foul Disease, they shall not go into any of the Clean Wards, nor come into the Officers Houses, nor within the Chappel, nor sit upon the Seats, nor walk about in the Court-Yards, on pain of Expulsion. And if any Person having the Foul Disease shall refuse, or neglect to discover the same, at the Time of Taking in, every such Patient, when discover'd, shall be immediately discharged the House, without Cure. *And that no Person be admitted twice for the said Distemper.*

The HOUSE-DIET.

Sunday.	*Monday.*	*Tuesday.*	*Wednesday.*	*Thursday.*	*Friday.*	*Saturday.*
12 Ounces of Bread. 3 Pints of Beer, Wine Measure. 8 Ounces of boil'd Beef, without Bones. 1 Quart or 3 Pints of Broth.	12 Ounces of Bread. 3 Pints of Beer. 8 Ounces of boil'd Beef without Bones. 1 Quart or 3 Pints of Broth.	12 Ounces of Bread. 3 Pints of Beer. 8 Ounces of Mutton. 1 Quart or 3 Pints of Mutton-Broth.	12 Ounces of Bread. 3 Pints of Beer. 4 Ounces of Cheese. 1 Ounce of Butter. 1 Pint of Milk-Pottage, at Night.	12 Ounces of Bread. 3 Pints of Beer. 8 Ounces of boil'd Beef, without Bones. 1 Quart or 3 Pints of Broth.	12 Ounces of Bread. 3 Pints of Beer. 8 Ounces of Mutton. 1 Quart or 3 Pints of Mutton-Broth. *Or instead of the Mutton and Broth, if the Committee and Treasurer think fit, 1 Quart of Milk-Pottage, and 2d. in Money.*	12 Ounces of Bread. 3 Pints of Beer. 4 Ounces of Cheese. 2 Ounces of Butter. 1 Pint of Rice-Milk, at Night.